

FOR IMMEDIATE RELEASE

September 24, 2025

Gulf Coast Blood Honors Houston-area Hero for Donating 100 Gallons of Blood

HOUSTON, TX – Gulf Coast Blood is proud to celebrate Garret VandenBelt, a true community hero, who has reached the extraordinary milestone of donating 100 gallons of blood. His dedication has provided hope and healing for patients across our region, and his generosity reflects the very best of Houston.

A special celebration will be held **tomorrow, September 25, at 11 a.m.** Members of the media are invited to attend, meet Mr. VandenBelt, and share in this inspiring story of service and compassion. Please plan on arriving by 10:45 a.m. to set up cameras.

11 a.m. - 12:30 p.m.

Thursday, September 25

Gulf Coast Blood – Champions

6935 Farm to Market 1960 Rd W A, Houston, TX 77069

Mr. VandenBelt will be recognized with a special award in honor of his selflessness. A spokesperson from Gulf Coast Blood will also be available for interviews.

“Reaching 100 gallons is a milestone very few donors ever achieve,” Nikhil Nayak, President and CEO of Gulf Coast Blood, said. “Garret’s commitment represents the lifesaving impact one person can make. We’re deeply grateful for his generosity and hope his story inspires others to give.”

If you would like to donate, please schedule an appointment online at www.giveblood.org. Together, we can make a difference!

Media RSVP: Please contact Stephanie Jacksis, Corporate Communications Manager, at sjacksis@giveblood.org.

Join us in celebrating a remarkable individual whose dedication has touched countless lives.